

Personal Magnetism – How To Attract Success!

Are you attracting what you want in life? Do you know what you want? During this time of thanksgiving let's look at what we do have. Let's be grateful for the positive things we have attracted both tangible and intangible. We often don't take the time to really focus on abundance. So often we're striving for the next client, the bigger car, the next goal, the bigger bank account. More money, more time, more clients, more toys, and more stuff. Or we focus on less. Less work, less stress, less weight. Let's focus on what we have. As we work on ourselves and find ourselves attractive we will be able to draw our wants and needs to ourselves like a living magnet.

What do you really want? Not what you "should" want, but really want for you? In order to use the principles of attraction you have to define what you want to attract. When we get what we want we often don't give ourselves credit for having gotten it. We call it luck or serendipity. When we are at our best it is natural to attract success. We will have more energy and a natural power.

A new client recently said she watches a lot of T.V. She admits that most of the shows have little value and she would rather be interacting with people, but she watches nevertheless.

Want to attract success? Get your life in order!

What's going on for you now that's hurting your personal magnetism? Are you doing complete work? Are you doing one thing at a time? Or do you have unfinished projects? A new client called for coaching. He had invented a product years ago had a patent on it, but hadn't done anything to market the product. It was a constant drain. Every time he thought about doing something with his invention he felt stuck. This drained him of energy. We created some action steps and after 20 minutes he felt energized and excited about getting his invention to market.

I'll share with you that I too, had an incomplete project. Since I coach a lot of lawyers a year and a half ago I bought the domain name www.thelawyerscoach.com. I had put together an opening page about how I coach lawyers and the information sat in a folder. Whenever I met a lawyer I wanted to share this website with them but it wasn't ready. It was an energy drain. I made a commitment to my coach that it would be up by November 1st. Now that I've shared it with all SBN readers I know it will be live by publication of this issue you are reading. Check it out to prove me right.

Procrastination is the biggest energy drainer.

A woman called me recently about wanting coaching. She had heard me

speak and felt it would be helpful. Her biggest challenge was procrastination. She keeps putting things off and it's causing stress in her life. We talked for about 30 minutes and created action steps for her to work on eliminating procrastination. She said the coaching session was really valuable and she was optimistic about improving her situation. When I asked her when she wanted to get started she said "I'll have to get back to you. Maybe we can start in a month, but not right now." I said, "sure" and wished her luck. I hung up and smiled. She was procrastinating about hiring a coach to help her with her challenge of putting things off.

In order to develop personal magnetism it's important to build reserves. So often people are overwhelmed. They juggle lots of balls in the air. My request is that they drop some intentionally. It's the only way to become more attractive. Is there something on your schedule that you can eliminate? Do you have a reserve of money? Do you have a reserve of time? When people are financially challenged it's helpful to keep a money log. Every cent they spend must be logged in a book. The coffee, newspaper, anything purchased. When they keep a log they are often surprised at where the money goes. Keeping a time log is also very helpful. Keep a daily calendar for one week documenting how you spend every hour. The TV,

phone calls, eating, sleeping, etc. It is often an eye-opener. When you see how you are spending your time, you can often eliminate what's not really important to your vision and build a reserve of time. It's very attractive to meet someone who is obviously not rushed and overwhelmed. They do have a personal magnetism and you are attracted to them. What do you have to do to develop the principles of attraction? Eliminate what drains you of energy and add things that give you joy. It's that simple.

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